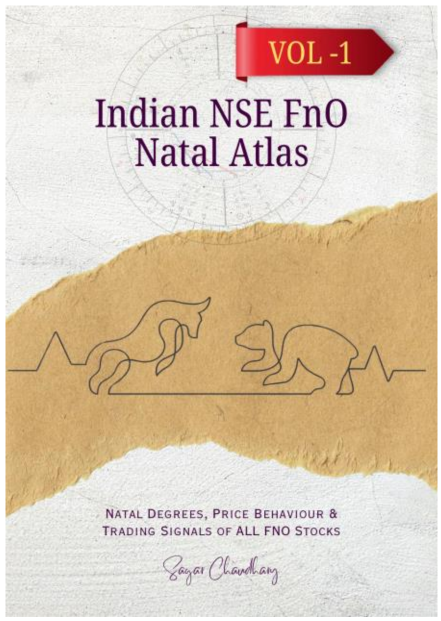
EXCLUSIVE ARTICLE FOR ATLAS HOLDERS

How to Find Stocks That Can Give Around 10% Return in One Month

A stock-selection, timing, confirmation and risk-control framework through the Indian NSE FnO Natal Atlas



MY CENTRAL RULE Every Degree Matters - but a degree is an activation point, not an automatic buy signal. The final authority is always price.

By Sagar Chaudhary

Author and Researcher - Indian NSE FnO Natal Atlas

Educational astro-market research only - all stock examples are anonymised - not financial advice

CONTENTS

The Complete Monthly Selection Process

THE COMPLETE FORMULA Movement capacity + bullish Atlas activation + activation stack + Moon timing + price acceptance + controlled risk = a qualified monthly candidate. It remains a probability, never a promise.

1. The Question Every Atlas Holder Eventually Asks

Suppose I want to buy one NSE FnO stock and my expectation is that the stock should give me approximately 10% within the coming month. Can the Indian NSE FnO Natal Atlas help me find that stock? This is one of the most practical questions an Atlas reader can ask, because it converts the book from a collection of natal charts into a disciplined swing-trading process.

My answer is yes - the Atlas can help us shortlist the right stock and the right time window. But I want to make one thing very clear at the beginning: the Atlas cannot guarantee that a stock will return exactly 10%. No planet, degree, technical indicator, price pattern or trading system can honestly give such a guarantee. What the Atlas can do is identify where a stock carries stored energy, when that energy may become active and whether the activation is more closely connected with breakout, expansion, recovery, pressure, unwinding, shock or a false move.

The 10% objective must come from a combination of several conditions. The stock must possess enough movement capacity. A meaningful swing degree must become active. The broader price structure must be technically prepared. The market must confirm the bullish direction. There must be enough empty space above the entry for the target. Finally, the risk must be small enough that one failed setup does not damage the trading account. If even one of these pieces is absent, the setup is incomplete.

> **REMEMBER** The Atlas tells us where and when pressure can develop. Price action tells us whether that pressure is becoming bullish, bearish, a trap or no trade.

My Three Trading Mantras

During more than two decades of market work, I have found three mantras that repeatedly protect a trader from imagination, impatience and overconfidence. These rules must remain in front of us while using the Atlas for a monthly stock-selection plan.

Mantra	Practical meaning
Trade what you see, not what you think.	A degree may create an alert, but the entry must come from visible price behaviour.
Stop loss is your friend; always keep it with you.	A powerful activation can produce a powerful move against us. Invalidation must be defined before entry.
Every Degree Matters.	Every degree has a role, but every degree is not bullish. Read the behaviour label and then obey price.

The third mantra does not cancel the first two. It completes them. A degree may tell us that a stock has entered an important energy zone, but we still have to trade what the chart is showing and we still have to define the level at which our reading becomes wrong.

2. What a 10% Monthly Objective Really Means

A 10% monthly objective is not the same as demanding that every trade reach exactly 10% on the thirtieth calendar day. In practical swing trading, one month normally means roughly 15 to 25 trading sessions. The stock may reach the objective in six sessions, may require four weeks, or may never reach it. Our job is not to force the calendar. Our job is to identify a stock whose structure and timing make a 10% path realistic.

Direction Is Not Enough; We Need Direction Plus Magnitude

A bullish reading can be correct and still fail to produce the required magnitude. A slow, defensive stock may rise 3% or 4% in a month and technically behave well. That does not mean the Atlas failed. It means the stock was not suitable for our chosen objective. Therefore, the first question is not, “Which stock is bullish?” The first question is, “Which bullish stock has the capacity and room to travel approximately 10%?”

Requirement	Why it matters
Movement capacity	The stock must have enough historical range and volatility to travel the distance.
A clear launching structure	A base, consolidation or controlled pullback provides a defined starting point.
A bullish activation window	The Atlas helps identify where swing energy may become active.
Price acceptance	The breakout must close and hold above resistance. A wick is not acceptance.
Target room	The path should not run directly into major weekly supply or a recent distribution zone.
Controlled risk	The stop must be close enough to produce a sensible reward-to-risk ratio.

BOARD LESSON Do not begin with the target. Begin with capacity, structure, timing and acceptance. The target is the result of these conditions, not the starting point.

Probability, Not Promise

The word “can” is important. We are searching for stocks that can produce the move, not stocks that must produce it. The Atlas is a probability map. It improves preparation by narrowing the universe and marking sensitive periods. The trade still needs technical confirmation, risk management and the ability to exit when the evidence changes.

3. What the Atlas Is Actually Giving Us

Every stock chapter in the Indian NSE FnO Natal Atlas is designed as a complete energy map. It does not merely list natal planetary positions. It converts those positions into trading functions and groups them into practical zones. When I open a chapter for swing analysis, I do not read every line with equal weight. I immediately focus on the sections that can help me separate opportunity from danger.

Atlas section	How I use it for a one-month search
Natal Energy Points	The primary zodiacal degrees and the market nature connected with each planet or sensitive point.
Strongest Price-Movement Zones	Clusters where several natal factors combine and may produce a stronger reaction than one isolated point.
Important Natal Aspects	Relationships that explain how trend, pressure, value, shock and emotion interact in the stock.
Main Hard-Aspect Energy Grid	The natal degree together with +90°, +180° and +270°. This expands the sensitive family of degrees.
Hidden Midpoint Energy Points	Secondary degrees created by two factors. These often work as compressed trigger points.
Best Swing Use	The heart of the monthly study: continuation, recovery, breakout, correction, exhaustion and failure behaviour.
Trader Checklist	The working list that helps convert the chapter into a practical research sheet.

For a one-month holding period, the Best Swing Use section is the heart of the chapter. The Moon remains useful, but it should normally time the entry day rather than carry the entire monthly prediction. A Moon hit without a wider swing activation can create one fast candle and then disappear. A monthly move normally needs a broader activation stack and a chart structure capable of carrying the movement forward.

> **KEY DISTINCTION** The Moon often triggers the day. The slower planets shape the wider window. Price structure decides whether the window becomes tradable.

4. The Seven-Stage Selection Funnel

I prefer a funnel because it removes weak candidates step by step. We are not searching for a magical stock name. We are reducing the entire NSE FnO universe to a small list that deserves attention. Each stage must be passed before the stock moves to the next stage.

Stage	Question	Result
1. Capacity	Can this stock realistically travel about 10% within 15-25 sessions?	Remove slow stocks and overextended stocks.
2. Structure	Is price near a base, resistance, recovery level or constructive pullback?	Retain charts with a defined launching point.
3. Atlas map	Which degrees support breakout, expansion, public trend or recovery?	Create bullish and caution degree lists.
4. Forward timing	Will those degrees be activated in the next 30-40 days?	Build a calendar of primary and secondary activations.
5. Confluence	Is there a stack of natal, hard-grid or midpoint contacts?	Rank clustered windows above isolated hits.
6. Entry trigger	Does the Moon or a fast planet activate the zone while price is ready?	Prepare the entry day, not a blind prediction.
7. Price permission	Did price break, accept and hold above resistance with controlled risk?	Trade only after confirmation; otherwise reject.

The strength of the method comes from the order. Many traders begin at Stage 6 because the Moon is easy to observe. That is the wrong beginning. The Moon should arrive after the stock has already passed the capacity, structure, Atlas and forward-timing filters. When the order is reversed, a trader begins forcing meaning into every Moon contact.

WRITE THIS ON THE BOARD Capacity first. Structure second. Atlas timing third. Price acceptance last. No confirmation means no trade.

5. Movement Capacity: Can the Stock Physically Travel 10%?

Before opening the Almanac, first look at the stock itself. A stock that normally moves only 4% or 5% during an entire month cannot be expected to produce 10% simply because a natal degree has become active. An activation can increase the probability of movement; it does not manufacture volatility that the stock has never shown.

The Five Capacity Tests

Test	Working calculation or observation	Preferred reading
20-day range	(20-day high - 20-day low) / 20-day low x 100	Preferably 10% or more, or clearly expanding.
ATR percentage	ATR(14) / closing price x 100	Approximately 1.5%-3% is a useful starting range for many swing candidates.
Base quality	Number of sessions spent building a defined range	A clean 15-30 session base is usually more useful than random volatility.
Relative strength	Stock divided by the benchmark index, or direct comparison with sector/index	The ratio or relative-strength line should be rising or improving.
Target room	Distance from breakout to next major weekly supply	At least enough clear space to justify the proposed objective.

Price should preferably be above, or reclaiming, its 20-day and 50-day moving averages. This is not a rigid law, because recovery trades can begin below moving averages, but the stock should at least be proving that selling pressure is being repaired. The stock should also be near a clean resistance, base or consolidation rather than already extended far above its structure.

Why Overextension Is Dangerous

A stock may have the perfect activation and still be a poor buy because it has already risen 15% before the entry. Strong activation does not mean unlimited continuation. When price becomes vertical, risk rises faster than opportunity. The better monthly candidate is often the stock that is technically prepared but not yet widely chased.

- Avoid a stock that has printed several wide bullish candles without building a fresh base.
- Avoid an entry that is more than one logical stop-loss distance above the breakout level.
- Avoid a target that runs directly into a weekly high, gap supply or previous distribution area.
- Prefer shallow pullbacks, rising volume on advances and controlled volume on retracements.

> **CAPACITY RULE** A correct bullish reading in a slow stock may still produce only 3%-4%. That is not a failed degree reading. It is a mismatch between the stock and the target.

6. Reading Bullish, Pressure and Fake-Move Degrees

Now open the relevant Atlas chapter and make three lists. The first list contains degrees that can support a bullish swing. The second contains pressure or damage degrees. The third contains fake-move and uncertainty degrees. This separation is essential because every active degree is not a buy degree.

List	Atlas language to look for	Trading interpretation
Bullish / supportive	breakout, continuation, public trend, expansion, opportunity, recovery, value support, reward, repair	Potential for a bullish swing after price acceptance.
Pressure / damage	Saturn pressure, resistance, delay, hidden force, panic, liquidation, damage, public rejection	Potential correction or stress; can become bullish only after absorption and reclaim.
Fake-move / trap	Neptune confusion, illusion, shock, Rahu crowd chase, Lilith stop hunt, Ketu unwinding	The first move may be deceptive. Demand the strictest breakout-and-retest test.

A Caution Degree Is Not Permanently Bearish

A caution degree is not automatically bearish forever. A fakeout degree can become a powerful breakout degree if price accepts the zone and sustains above resistance. A pressure degree can become a springboard after selling is absorbed. A Pluto or Saturn zone may first create damage and then create recovery. The label tells us what behaviour to expect; the chart tells us which side has won.

The Bullish Swing Priority Order

1. Direct activation of a chapter zone explicitly described as breakout, expansion, opportunity, public trend or swing continuation.
2. Activation of a supportive natal planet such as Sun, Venus, Mars, Jupiter or Mercury inside that zone.
3. A second supporting activation in the same degree family or midpoint cluster within approximately three to seven days.
4. Moon arrival near the intended entry date while the stock is approaching resistance or reclaiming support.
5. Price acceptance above the technical level, followed by retest or clear continuation.

DEGREE LANGUAGE Do not ask only, “Which planet is active?” Ask, “What behaviour does this degree represent in this specific stock chapter?”

7. Building the 30- to 40-Day Activation Calendar

After identifying the important swing degrees, scan the next 30 to 40 days in the Almanac. The Atlas uses the Zodiacal Degree Method from 0.00° to 360.00°, so every transit must be converted into the same language. This conversion is not optional. One wrong 30° sign offset can place the entire activation on the wrong date.

Sign	Starting degree	Example conversion
Aries	0°	13° Aries = 013°
Taurus	30°	13° Taurus = 043°
Gemini	60°	13° Gemini = 073°
Cancer	90°	13° Cancer = 103°
Leo	120°	13° Leo = 133°
Virgo	150°	13° Virgo = 163°
Libra	180°	13° Libra = 193°
Scorpio	210°	13° Scorpio = 223°
Sagittarius	240°	13° Sagittarius = 253°
Capricorn	270°	13° Capricorn = 283°
Aquarius	300°	13° Aquarius = 313°
Pisces	330°	13° Pisces = 343°

Working Orbs for the Forward Scan

Transiting factor	Practical starting orb	How I use it
Moon	approximately ±0.50° to ±1.00°	Entry-day trigger and fast reaction; calculate during NSE hours.
Sun, Mercury, Venus, Mars	approximately ±1.00°	Primary or secondary swing activators.
Jupiter, Saturn, Rahu/Ketu	approximately ±1.00° to ±2.00°	Wider background window; exactness can strengthen the event.
Uranus, Neptune, Pluto	approximately ±1.00° to ±2.00° for research	Slow background pressure, shock, uncertainty or structural turn.

These are working orbs, not universal laws. Every reader should refine them through backtesting. The Almanac daily rows are generally shown at 00:00 UT. That is sufficient for a broad scan of slower-moving planets, but the Moon can move substantially before the NSE opens. For entry-day work, use the Moon's exact degree during Indian market hours rather than blindly treating the 00:00 UT row as the 09:15 IST position.

The Activation Calendar Should Show a Sequence, Not a Single Date

I prefer to mark a window with a beginning, a concentration and an ending. One planet may open the zone. Another may intensify it. The Moon may provide the entry trigger. A final pressure activation may signal exhaustion or the need to protect profit. This sequence is far more useful than circling one date and expecting a guaranteed event.

Calendar column	What to record
Date / time	The approximate transit date, and exact market-hour time for the Moon when needed.
Transiting planet	Sun, Moon, Mercury, Venus, Mars, Jupiter, Saturn or another factor.
Atlas degree	Natal, +90°, +180°, +270° or midpoint degree.
Behaviour label	Breakout, expansion, value, pressure, fake move, shock, crowd, repair or unwinding.
Orb	Distance between transit and Atlas point.
Technical context	Base, resistance, support, trend, sector and volume condition.
Scenario	Bullish acceptance, failed breakout, recovery after panic or no trade.

8. Planetary Roles, Angles, Hard Grids and Midpoints

Different planets perform different jobs in a natal market chart. I do not count every transit equally. I ask what kind of energy is being activated, whether that energy supports the movement I want to trade and whether price is in a location where that energy can express itself constructively.

Planet / point	Primary market role in the Atlas	Use in a 30-day bullish search
Sun	Trend identity, confidence and visible direction	Important swing-window activator near trend and breakout degrees.
Moon	Emotion, liquidity and fast public reaction	Best used to time the entry day; insufficient alone for a monthly target.
Mercury	Data, news, technical reaction and repricing	Can support a technical or result-led breakout; false signals require care.
Venus	Value, recovery, support and buying comfort	Useful around value-support and recovery-after-pressure degrees.
Mars	Aggression, momentum, execution and range expansion	Can supply breakout force, but can also create liquidation and sharp failure.
Jupiter	Expansion, liquidity and broad participation	One of the strongest supportive activators for continuation and range expansion.
Saturn	Pressure, delay, resistance and structure	Usually a risk filter; bullish only after price absorbs and reclaims pressure.
Uranus	Shock, gaps and unexpected movement	Can produce explosive movement; fake-breakout risk is high.
Neptune	Confusion, narrative, illusion and false movement	Requires the strictest acceptance test before buying.
Pluto	Hidden force, deep pressure and major reversal	Useful for powerful decision zones, not for blind direction.
Rahu / Ketu	Crowd acceleration versus unwinding	Rahu may create FOMO; Ketu may detach and unwind. Both need confirmation.
Chiron	Damage and repair	Useful when a damaged chart begins reclaiming support.
Fortune	Opportunity, result and reward	Supportive when price accepts a breakout or recovery zone.
ASC / MC	Opening behaviour and public direction	ASC helps with first reaction; MC helps identify visible trend leadership.
Vertex / Lilith	Event trigger and hidden liquidity	Can bring sudden reaction, stop hunts or abnormal movement.

The Activation Stack I Want to See

1. Primary swing activation: Sun, Venus, Mars, Mercury or Jupiter approaches an Atlas degree connected with breakout, expansion, recovery or public trend.
2. Secondary confirmation: another meaningful planet activates the same cluster, its hard grid or a supporting midpoint within approximately three to seven days.
3. Moon trigger: the Moon reaches the relevant degree near the intended entry date and creates a visible reaction.

4. Price acceptance: the stock closes above resistance with participation and holds the breakout.

If I find only the Moon, I expect a short reaction. If I find only Mars, I expect force but also risk. If I find Jupiter or the Sun activating a bullish swing zone, followed by Venus, Mercury or Mars, and then the Moon gives me an entry trigger while price is breaking out, the candidate becomes far more interesting.

Hard-Aspect Grid: Timing Alert, Not Direction

The natal degree and its +90°, +180° and +270° points form one reactive family. When a transiting planet enters any member of that family, the natal point can become active. But activation is not direction. A transit to the Mars grid may create a bullish breakout, a bearish breakdown or violent whipsaw. A transit to the Venus grid may produce recovery, but it can also show failure if value buying does not appear. I use the hard grid as a timing alert and then read the price response.

Midpoints: Compressed Combination Points

Midpoints blend two forces. They become especially useful when a midpoint, a natal degree and a hard-aspect degree fall close together. I call this a degree cluster. A cluster is generally more important than an isolated point, but it also carries greater volatility. The larger the energy, the more important the stop loss becomes.

Midpoint type	Possible market expression
Sun/Jupiter	Trend confidence plus expansion; useful for continuation after acceptance.
Mars/Jupiter	Aggressive expansion and range growth; strong but volatile.
Sun/Mars	Direction plus execution; can support decisive breakout or breakdown.
Venus/Jupiter	Value expansion and recovery participation.
Venus/Chiron	Recovery after damage; useful only after reclaim.
Mercury/Uranus	Fast news or technical shock; first move can be deceptive.
Mars/Uranus	Explosive movement, gap, squeeze or liquidation.
Jupiter/Rahu	Crowd expansion and speculation; continuation or FOMO trap.
Moon/Rahu	Emotional crowd participation and fast public chase.
Sun/MC or ASC/Mars	Visible leadership or aggressive opening behaviour.

CONFLUENCE RULE One degree creates attention. Two or three compatible degrees in the same narrow area create priority. Price acceptance still decides the trade.

9. Price Acceptance: The Non-Negotiable Filter

This is the final layer and it is non-negotiable. The strongest planetary combination can still become a breakdown if buyers do not accept the level. I want the chart to prove that the active energy is becoming bullish. Astrology gives timing. The chart gives direction. Risk management gives permission.

What Bullish Acceptance Looks Like

- A daily close above a clear resistance, preferably a 20-day high or a well-defined swing boundary.
- A strong candle body and a close near the upper part of the range rather than a long upper shadow.
- Breakout volume ideally around 1.3 to 1.5 times the 20-day average, or another clear sign of participation.
- Improving relative strength against the benchmark index and preferably support from the stock's sector.
- Acceptance above the breakout level during the next session or on a controlled retest.
- Higher lows forming above the broken level and no immediate collapse back into the old range.

What Rejection Looks Like

- Price trades above resistance but closes back inside the old range.
- The breakout candle has a long upper wick and weak follow-through.
- Volume expands on the breakout but the next session cannot hold the level.
- The retest breaks below the breakout point and price uses the level as resistance.
- The stock remains weak relative to the benchmark index or the sector is under distribution.

NO CONFIRMATION, NO TRADE The degree gives me the alert. The breakout gives me the trade. If the chart does not confirm, I simply move to the next candidate.

The Best Entry Is Often the Retest, Not the First Vertical Candle

A strong activation can create a wide breakout candle. Chasing that candle may produce poor risk-reward even when the direction is correct. The controlled retest is often superior because the invalidation becomes clear. Former resistance should begin acting like support. If it does not, the breakout is not accepted.

10. Four Practical Swing-Setup Archetypes

The same Atlas activation can express itself through different technical structures. Therefore, I classify the candidate before entry. This prevents me from managing a recovery trade as if it were a trend breakout, or holding a short-covering bounce as if it were a new bull market.

Setup archetype	Technical structure	Best Atlas support	Confirmation
Base breakout	15-30 session consolidation below resistance	Sun, Mars, Jupiter, MC, Fortune, breakout midpoints	Close above range, volume, retest hold.
Recovery after panic	Sharp fall, support failure, then damage repair	Venus, Chiron, Fortune, Jupiter, recovery midpoints	Reclaim of broken support, higher low, follow-through.
Trend continuation	Established uptrend with controlled pullback	Sun, Jupiter, Venus, trend and expansion zones	Pullback holds, resistance breaks, relative strength remains firm.
Sector-leader rotation	Sector begins outperforming and stock leads peers	MC, Jupiter, Rahu, Sun, public trend zones	Sector confirmation, stock breakout, strong participation.

A. Base Breakout

This is the cleanest monthly setup. The stock has spent several weeks compressing beneath resistance. The Atlas shows a supportive activation stack approaching. The Moon enters the active zone near the breakout date. Price closes above resistance and holds the retest. The target is measured from the base, while the stop is placed below the breakout invalidation.

B. Recovery After Panic

This setup begins with damage, not strength. A stock falls sharply, attracts emotional selling and then stops extending lower. Venus, Chiron, Jupiter or Fortune-related degrees may support repair, but the trader must wait for reclaim. A lower wick is not enough. Recovery begins when price reclaims the broken level, holds the retest and starts forming higher lows.

C. Trend Continuation

The stock is already in an uptrend, but it has pulled back to a moving average, former breakout or value zone. The Atlas window supports continuation. The pullback must remain controlled, and the stock should regain momentum without breaking the structural low. This setup is often safer than buying the first breakout after a long decline.

D. Sector-Leader Rotation

Sometimes the most important information is not the stock alone but the sector. When the sector begins outperforming the benchmark index and one stock shows the strongest relative strength, a public-trend or expansion activation can produce leadership. I prefer the stock that is first above resistance, first to attract volume and first to hold the retest.

11. The 100-Point Atlas Opportunity Score

To prevent emotional selection, I rank every candidate. A score does not remove risk. It ensures that I compare stocks using the same rules. The weights below are a practical framework and should be refined through personal backtesting.

Category	Condition	Points
Movement capacity	20-day range and ATR can realistically support the objective	10
Target room	No major weekly resistance blocks the path	5
Primary Atlas activation	A major planet activates a bullish swing degree	20
Activation stack	Second confirming activation within about seven days	10
Cluster quality	Natal, hard-grid or midpoint confluence in a narrow zone	10
Moon trigger	Moon supports the intended entry day	5
Daily/weekly structure	Trend is constructive or damage is clearly being repaired	10
Base or level quality	Clean 15-30 session base, pullback or reclaim level	10
Breakout acceptance	Strong close, participation and retest hold	10
Relative strength/sector	Stock and sector are outperforming	5
Risk quality	Reward-to-risk ratio at least around 2.5:1	5

Score	Classification	Action
85-100	A+ candidate	Highest-priority watch; still enter only after price confirmation.
75-84	A candidate	Serious consideration if risk and market context remain supportive.
65-74	B candidate	Watch only; usually needs stronger confirmation or better entry.
Below 65	Reject / no trade	Do not force the idea simply because one degree is active.

SCORING DISCIPLINE A 90-point idea can fail. A 55-point idea can occasionally rise. The score is not a prediction; it is a method for selecting the cleanest probabilities.

12. Hypothetical Atlas Examples: Stock XYZ, Stock ABC and Stock PQR

The following examples demonstrate the method without revealing the identity of any listed company. The names Stock XYZ, Stock ABC and Stock PQR are placeholders, and the degree values are deliberately illustrative rather than copied from a real stock chapter. Their only purpose is to show how an Atlas holder can compare an expansion candidate, a recovery candidate and a high-volatility candidate. These examples are not recommendations, forecasts or indirect clues to any particular security.

Example 1 - Stock XYZ: Expansion, Public Trend and Fakeout in One Belt

Assume that the hypothetical chapter of Stock XYZ contains a primary swing-expansion belt between 042.40° and 061.85°. Inside this belt, Jupiter represents expansion, the Sun represents trend identity, Mercury represents technical response and Mars represents aggressive range extension. The same chapter also identifies a trap-sensitive belt between 211.30° and 224.60°, where Neptune, Rahu and Uranus can produce crowd excitement, sudden gaps and false acceptance. This gives us an important lesson: an active expansion belt can create the movement capacity required for a monthly objective, but the nearby trap belt means that the first breakout must never be trusted without a strong close and a successful retest.

Stock XYZ point / zone	Illustrative meaning	How I would use it
048.20° Jupiter	Expansion and broad participation	A supportive slower-planet activation can promote the candidate to the monthly shortlist.
042.40°-061.85° cluster	Trend identity, data response, aggression and expansion	High priority only when price has built a base and closes above resistance with acceptance.
211.30°-224.60° belt	Crowd acceleration, shock and false-move risk	Treat the first vertical move as an alert; demand retest and follow-through.
216.75° Neptune	Confusion and false confirmation	Reject a weak close or failed retest. Accept only sustained strength.

Suppose the forward 30- to 40-day calendar shows a supportive Sun or Jupiter activation inside the 042.40°-061.85° belt, followed within a few sessions by Venus or Mars. Stock XYZ would move to the research watchlist, but it would still not become a trade. I would first check whether price has built a clean base, whether relative strength is improving and whether the proposed 10% objective has open space before the next weekly supply zone. The Moon may then be used to time the entry day. A close above resistance, rising participation and a retest that holds would confirm acceptance. A long upper wick, weak volume or an immediate return below resistance would convert the same activation into a fakeout warning.

STOCK XYZ LESSON

The same activation cluster can create a genuine breakout or a crowd trap. The degree map tells us where the battle may occur; the closing price and retest tell us who won.

Example 2 - Stock ABC: Recovery, Public Participation and Shock Risk

Assume that Stock ABC has a hypothetical recovery-public-trend belt between 176.25° and 198.80°. Venus represents returning value, Chiron represents repair after damage, Jupiter represents expansion after support and MC represents visible public direction. A second belt between 286.40° and 299.20° contains Neptune and Uranus, creating shock and false-move risk, while a pressure belt between 332.50° and 344.10° contains the Moon and Saturn. This stock would be most interesting after a controlled correction, failed breakdown or base-reclaim structure rather than after a vertical advance.

Stock ABC zone	Main factors	Swing interpretation
176.25°-198.80°	Venus, Chiron, Jupiter and MC	Recovery, repair, public participation and trend confirmation after a valid reclaim.
286.40°-299.20°	Neptune and Uranus	Public shock and fake-move risk; wait for acceptance before taking exposure.
332.50°-344.10°	Moon and Saturn	Emotion under pressure; can create exhaustion, controlled correction or recovery after absorption.
118.60°-129.30°	Mercury and Fortune	Technical response and result zone; useful for judging whether recovery is converting into continuation.

A one-month opportunity becomes stronger when a slower planet activates the recovery-public-trend belt while price is reclaiming a major daily level. The ideal sequence would be panic or weakness, selling exhaustion, reclaim of the broken level, a higher low and then public participation. It becomes weaker when the stock remains below resistance, when the recovery candle lacks follow-through or when the public-shock belt becomes active after price has already moved too far. In such a case, I would wait for a new base instead of chasing the apparent strength.

Example 3 - Stock PQR: Ignition-Crowd Energy Versus Fake-Shock Energy

Assume that Stock PQR contains an ignition-crowd zone between 005.15° and 027.60°, an expansion-result zone between 132.80° and 151.45°, and a fake-shock public zone between 276.30° and 309.90°. The first zone combines value, trend identity, data reaction and crowd participation. The second combines range expansion, result and profit-booking behaviour. The third combines aggression, Neptune-style confusion, Uranian shock and public visibility. This profile can produce a large move, but it demands the strictest confirmation because a rapid breakout can be followed by equally rapid rejection.

Stock PQR zone	Behaviour	Selection rule
005.15°-027.60°	Trend ignition, value, data and crowd movement	Strong only if the breakout is accepted and crowd participation is not merely a late chase.
132.80°-151.45°	Expansion, result, profit booking and continuation	Can support a multi-session move or mark exhaustion; read the close and follow-through.
276.30°-309.90°	Aggression, repair, fake move, public direction and shock	High volatility; reduce trust in the first move and demand a clean retest.

How I Would Compare These Three Anonymous Candidates

Candidate	Astro window	Technical condition	Score tendency	Decision

Candidate	Astro window	Technical condition	Score tendency	Decision
Stock XYZ	Expansion/public-trend cluster active	Clean base and acceptance above resistance	High	Promote to A or A+ watchlist.
Stock ABC	Recovery-public-trend belt active	Reclaim confirmed but target room still being tested	Medium to High	Wait for retest and open target space.
Stock PQR	Fake-shock belt active	Price below resistance with weak relative strength	Low	Reject until structure improves.

The comparison must never be based only on which stock has the most planetary contacts. Stock XYZ may have the cleanest expansion sequence, Stock ABC may have the best recovery structure and Stock PQR may have the highest raw volatility. I would rank them through the same 100-point score: movement capacity, daily and weekly structure, Atlas activation quality, confirmation stack, relative strength, target room and risk. The winner is the stock whose timing and price structure agree. A weaker candidate is rejected even when its activation looks dramatic. This is the real purpose of the Atlas: not to reveal a name, but to create a disciplined comparison process.

13. Entry, Stop-Loss, Position Size and Target Construction

Once a candidate passes the Atlas and price filters, the trade must still be mathematically sensible. A good story with poor risk-reward is not a good trade.

Entry Methods

Entry type	Condition	Advantage	Main risk
Breakout close	Daily candle closes above resistance with strong participation	Early entry into momentum	False breakout and wide stop.
Retest entry	Price returns to the breakout level and holds	Clear invalidation and better reward-to-risk	The stock may not retest.
Controlled pullback	Trend remains constructive and price holds a moving average or former resistance	Lower risk in continuation setup	Pullback may become a breakdown.
Recovery reclaim	Broken support is reclaimed after panic and retest holds	Captures repair after exhaustion	Buying too early before damage is repaired.

The Stop-Loss Must Be Technical

The stop should sit below the actual invalidation: the retest low, the base low, the reclaim failure or another clear structural level. It should not be placed at a random percentage chosen only to make the position size comfortable. If the correct stop is too far away, reject the trade or reduce the position.

Position Size Formula

FORMULA Position size = Maximum rupee risk ÷ (Entry price - Stop-loss price)

Example: Assume trading capital of ₹10,00,000 and a maximum risk of 0.75% on one swing idea. The allowed rupee risk is ₹7,500. If entry is ₹1,000 and the technical stop is ₹970, the risk per share is ₹30. The maximum position is 250 shares. The trader may use fewer shares to allow for slippage, gap risk and transaction costs.

Item	Calculation	Result
Capital	-	₹10,00,000
Risk percentage	0.75% of capital	₹7,500
Entry	-	₹1,000
Stop	-	₹970
Risk per share	₹1,000 - ₹970	₹30
Maximum quantity	₹7,500 / ₹30	250 shares
10% objective	₹1,000 x 1.10	₹1,100
Potential reward	(₹1,100 - ₹1,000) x 250	₹25,000 before costs
Reward-to-risk	₹25,000 / ₹7,500	3.33:1

For most traders, risking approximately 0.5% to 1% of total trading capital on one swing idea is far more important than being right about one stock. A good setup can fail. Capital must remain available for the next setup.

RISK RULE Do not increase quantity because the degree looks exact. Exact timing increases attention, not immunity from loss.

Gap, Slippage and Portfolio Concentration

A stop-loss is a planned exit level, not a guarantee of execution at the exact price. Result announcements, corporate actions, broad-market shocks and overnight news can create a gap beyond the stop. For this reason, position sizing should include a safety allowance. I also avoid placing several highly correlated trades in the same sector, because three separate positions can behave like one large hidden position when the sector reverses.

Risk source	Practical protection
Gap beyond stop	Use smaller size, avoid oversized positions near known event risk and accept that realised loss can exceed planned loss.
Slippage and costs	Calculate quantity slightly below the theoretical maximum and include brokerage, taxes and impact cost.
Sector concentration	Limit simultaneous exposure to closely related stocks; measure total risk at portfolio level.
Correlation with the benchmark index	Reduce aggression when the candidate depends heavily on a weak or unstable index environment.

14. Exit Architecture and Trade Management

A monthly trade needs an exit plan before entry. Without an exit architecture, the trader may turn a successful swing into a loss or may continue holding after the original timing window has ended.

Five Exit Decisions

Decision	Practical rule
Initial invalidation	Exit when price closes or decisively trades below the technical stop and cannot reclaim.
Time stop	Review the trade if it fails to make meaningful progress within five to eight sessions.
Partial profit	Consider reducing risk after a strong expansion, especially when price becomes vertical.
Trailing stop	Trail below higher lows, a short moving average, or accepted support - not below hope.
Final exit	Exit near target, major weekly resistance, failed continuation or a new bearish activation confirmed by price.

Three-Stage Profit Management

1. Stage 1 - Protect the trade: when price moves one initial risk unit in favour, reduce the chance of a full loss by tightening risk only if the structure allows it.
2. Stage 2 - Pay yourself: after a strong expansion or near a major resistance, consider partial profit rather than demanding the full target from every share.
3. Stage 3 - Let structure decide: trail the remaining position below accepted higher lows until the target, exhaustion or invalidation appears.

When an Activation Window Changes from Expansion to Exhaustion

A high-energy window can first accelerate a move and then expose exhaustion. This happens when price becomes vertical, late buyers chase, volume expands but follow-through weakens and the stock approaches another pressure or shock degree. Strong activation does not mean unlimited continuation. Protect profit when the chart stops accepting higher prices.

EXIT LESSON The same degree family can first create opportunity and later create exhaustion. The chart must be read throughout the trade, not only at entry.

15. The Monthly Working Routine

An Atlas holder does not need to read hundreds of chapters every morning. The work can be organised into a repeatable monthly process. Once the forward calendar is prepared, daily execution becomes much easier.

Time	Task	Output
Weekend 1	Technical scan of NSE FnO universe	20-30 stocks with sufficient range, trend and visible structure.
Weekend 1	Atlas extraction	Bullish swing degrees, pressure degrees, fakeout degrees, hard grids and key midpoints.
Weekend 1	Almanac scan for 30-40 days	Primary and secondary activation dates, plus Moon trigger dates.
Every evening	Price review	Remove weak charts and promote stocks approaching confirmation.
Entry day	Exact Moon and market-hour check	Scenario plan: breakout, retest, failed breakout or no trade.
After entry	Risk and timing review	Trail structure, watch next activation and protect profit.
Month-end	Journal and statistics	5-, 10- and 20-session outcomes; update personal probability database.

A Practical Weekly Rhythm

- Saturday: run the technical capacity scan and update the master candidate list.
- Sunday: extract Atlas degrees and prepare the forward activation calendar.
- Monday to Thursday evening: review only the shortlisted charts and remove weak candidates.
- Friday: review outcomes, score the process and note which activations actually produced movement.

At the end of every month, record which planet activated the degree, whether the hit was direct or hard, what the Moon did, what the price structure looked like and how far the stock travelled in the next five, ten and twenty trading sessions. This journal slowly converts the Atlas from a book into a personal research database.

16. When I Reject a Candidate

The ability to reject a stock is more valuable than the ability to create a long watchlist. A trader earns by waiting for clean conditions, not by forcing every active degree into a trade.

- The selection is based only on a Moon hit.
- The Atlas activation looks supportive, but the stock remains below major resistance and below its key moving averages without any reclaim.
- The stock has already risen sharply and the proposed entry is far above the base.
- The active cluster is dominated by Saturn pressure, Ketu unwinding, Neptune confusion or a known fakeout zone, while price is not showing acceptance.
- The 10% target runs directly into a major weekly supply zone or gap resistance.
- The technical stop requires more risk than the expected reward can justify.
- The breakout occurs on weak participation or closes with a long upper shadow.
- The broader market and sector are under strong distribution and the stock shows no relative strength.
- The entry would require buying after the widest candle of the move.
- The stock is illiquid, has poor execution quality or produces frequent gap risk beyond the planned stop.

REJECTION RULE A missed trade costs nothing. A forced trade can cost capital, confidence and discipline.

17. The Most Common Mistakes Atlas Readers Make

Mistake	Correction
Treating every degree as bullish	Every degree matters, but every degree does not carry the same behaviour. Some create expansion, some pressure and some traps.
Using the Moon as a one-month predictor	The Moon can trigger the day or first reaction. A monthly move usually needs a wider swing activation and a capable chart.
Ignoring the 0.00°-360.00° conversion	One wrong sign offset can place the activation on the wrong date and invalidate the study.
Confusing activation with direction	Mars or Uranus may create a large move in either direction. Direction comes from acceptance, rejection and structure.
Entering before the breakout	An excellent date may remain inactive or fail. Let price open the door.
Ignoring fake-move degrees	Neptune, Rahu, Lilith and Uranus can make the first move deceptive. Retest is essential.
Chasing a vertical candle	The move may be correct but the entry can still have poor reward-to-risk.
Forgetting the stop-loss	A powerful energy zone can produce a powerful move against us.
Holding because the calendar window is still open	Price invalidation is more important than the original expectation.
Failing to journal	Without records, the trader cannot refine orbs, weighting and probability.

FINAL CORRECTION Respect the degrees, but obey price. Study the cycles, but manage risk. The market rewards the prepared mind, not the excited mind.

18. Research Journal and Monthly Worksheet

The journal is where the Atlas becomes your own tested system. Record the setup before entry, not after the result. This prevents memory from rewriting the research.

Candidate Research Sheet

Field	What to record
Stock / chapter	Symbol, volume and chapter number.
Technical structure	Base, pullback, recovery or sector-leader setup.
20-day range / ATR%	Evidence that the stock can travel the desired distance.
Bullish Atlas degrees	Trend, expansion, recovery, opportunity and public-direction points.
Caution degrees	Pressure, fakeout, unwinding, shock and exhaustion points.
Primary activation	Planet, date, degree, orb and behaviour.
Secondary activation	Confirming planet, hard-grid or midpoint contact.
Moon trigger	Exact degree and approximate NSE market-hour time.
Resistance / support	Price levels that define confirmation and invalidation.
Entry / stop / target	Numbers decided before trade execution.
Score	100-point Atlas Opportunity Score.
Outcome	5-, 10- and 20-session movement, maximum favourable and adverse excursion.

Post-Trade Review Questions

- Did the stock pass the movement-capacity test?
- Was the activation direct, hard-aspect or midpoint-based?
- Was there a genuine activation stack or only one Moon contact?
- Did price confirm through close, volume and retest?
- Was the entry early, well-timed or late?
- Did the target have enough room?
- Was the stop placed at the true invalidation?
- How far did the stock move in five, ten and twenty sessions?
- Which part of the process worked, and which part must be refined?

The purpose of this review is not to prove that astrology works on every trade. The purpose is to identify which combinations repeatedly produce useful probabilities and which combinations create noise. Serious research becomes stronger when uncertainty is recorded honestly.

19. Final Checklist and Frequently Asked Questions

Final 10% Candidate Checklist

- ☐ Does the stock have sufficient ATR and recent monthly range?
- ☐ Is the daily and weekly structure constructive, or is damaged structure clearly being repaired?
- ☐ Is a clean resistance, base, pullback or reclaim level available?
- ☐ Does the Atlas identify an upcoming breakout, expansion, recovery or public-trend activation?
- ☐ Is there a second confirming activation nearby?
- ☐ Is the Moon available to time the entry day?
- ☐ Have I checked the natal degree as well as +90°, +180° and +270°?
- ☐ Have I noted fakeout, pressure and unwinding degrees in the same window?
- ☐ Did the breakout close with participation and acceptance?
- ☐ Is the stock outperforming the benchmark index or its sector?
- ☐ Is there clear space for a 10% objective?
- ☐ Is the reward-to-risk ratio at least approximately 2.5:1?
- ☐ Is the stop based on technical invalidation?
- ☐ Is the position size small enough to protect total capital?

Frequently Asked Questions

Question	Answer
Can one Moon activation produce a 10% move?	It can happen, but it should not be the foundation of the plan. The Moon is best used as an entry trigger inside a wider swing window.
Which planet is best for a monthly bullish move?	There is no single universal planet. Jupiter, Sun, Venus and Mars can be useful when they activate the right stock-specific degree and price confirms.
Can Saturn ever be bullish?	Yes, after pressure is absorbed and price reclaims the structure. Saturn is not a direct buy signal; it is a pressure and structure test.
Should I buy exactly when the planet reaches the degree?	No. The degree marks an alert window. Buy only after price confirms the intended direction.
What if the stock breaks out before the exact Moon hit?	Do not chase automatically. Observe whether the breakout remains accepted and whether a controlled retest offers a valid entry.
What if the stock never reaches 10%?	Manage the trade according to structure. Take profit, trail or exit when the evidence changes. The target is an objective, not a command.
How many stocks should be on the final watchlist?	Usually three to seven high-quality candidates are easier to manage than a list of fifty active degrees.
Should I use only astrology?	No. Even the simplest technical framework - support, resistance, moving averages, MACD or volume - is sufficient when used with discipline and risk control.

20. My Final Words to Atlas Holders

Friends, the purpose of the Indian NSE FnO Natal Atlas is not to replace your chart, your trading system or your discipline. Its purpose is to tell you where the hidden energy points of a stock are located and when those points may become active. Once you know the active degree, you are no longer watching every stock with equal attention. You are waiting at a prepared location.

If you want a stock capable of approximately 10% in one month, do not begin with the target. Begin with movement capacity. Then identify the technical launching structure. Open the Atlas and separate bullish, pressure and fake-move degrees. Scan the coming 30 to 40 days. Build the activation stack. Mark the Moon entry trigger. Demand a confirmed breakout, reclaim or continuation. Define the stop. Calculate the position size. Only then decide whether the 10% objective is realistic.

This is how the Atlas should be used - not as a blind prediction book, but as a serious research instrument. The degree creates the alert. The chart gives the signal. Risk control keeps us alive long enough to use the next alert.

> **THE COMPLETE FORMULA** Movement capacity + constructive structure + bullish Atlas activation + activation stack + Moon timing + price acceptance + controlled risk = a qualified 10% candidate. It is still a probability, never a promise.

Print this article and read it at least five times. Do not try to remember every degree at once. First understand the order of the process. Once the order becomes clear, the Atlas will stop looking like a collection of charts and will begin working like a practical monthly research map.

- Sagar Chaudhary

Indian NSE FnO Natal Atlas

Research Foundation

- Indian NSE FnO Natal Atlas, Volumes I-V, Sagar Chaudhary, First Edition 2026.
- The Atlas framework for natal energy points, strongest price-movement zones, hard-aspect grids and swing-use interpretation.
- The Atlas framework for breakout, expansion, recovery, public-trend, pressure, fake-move and unwinding classifications.
- The hypothetical examples in this article use invented names and illustrative degree values so that no real stock identity is disclosed.
- Volume V educational chapters on Moon activation, recovery after panic, directional confirmation, hard aspects and midpoints.
- Almanac 1990-2033 / geocentric tropical ephemeris, used for forward planetary-degree scanning.

Important Disclaimer

This article is intended only for educational and research purposes. Astrology, planetary-degree analysis and technical analysis do not guarantee future returns. A 10% objective is a trading plan, not an assurance. Market prices can move sharply in either direction and may gap beyond a stop-loss level. Readers should perform their own analysis, verify all astronomical and market data, use appropriate risk controls and consult a SEBI-registered investment adviser where necessary. Neither the author nor the Indian NSE FnO Natal Atlas is responsible for any trading or investment loss arising from the use or misuse of this material.

Trade carefully. Protect capital first. Respect the degrees, but always obey price.